



# Back to Netball Autumn Term



England Netball's Back to Netball provides a gentle introduction to the sport for female players over sixteen years of age.

From losing weight, developing the cardiovascular system and improving muscle tone, taking part in Back to Netball is great for you in so many ways.

Sessions cover the basics of the game including passing, footwork and shooting and finish with short friendly games.

Jersey Netball run a 10 week course every school term.  
Each course is always followed by a fun social!

**Tuesdays 8-9.30pm at Les Ormes**

**Starts Tuesday 12 September 2017**

Dates: 12 September – 21 November (excluding 24 October for half term)

Fees: £50 to include affiliation to England Netball for the 2017-2018 season (£35 course fee and £15 Back to Netball affiliation fee)

## Back to Netball Autumn Term 2017 Application Form

Name:	
Home Address:	
	Post code:
Telephone Number:	Mobile Number:
Date of Birth:	
Email address:	
Emergency Contact Name & Telephone Number:	
Medical Conditions:	

Please wear suitable sports clothing and footwear and bring a drink. For further information please contact Chrissy Bannerman at jersey.netball@gmail.com.

ONLY TICK IF APPLICABLE: I DO NOT consent to photographs being taken for use in promotional material or media purposes.

Please tick if payment is by bank transfer  or cheque payable to 'JNA Development Fund'

Bank Transfer: Please use the reference 'B2NA17' and your surname.

Account Name: JNA Development Fund. Sort code: 40-25-41. Account number: 81453858.

Bank Name: HSBC. Date of bank transfer \_\_\_\_\_

Please send forms and cheques no later than Friday 8 September to Chrissy Bannerman, Netball Development, Fort Regent Leisure Centre, St Helier, Jersey, JE2 4UX.

Signature \_\_\_\_\_

Date \_\_\_\_\_

